

URSERN VALLEY AND UPPER REUSS VALLEY TOURS

Selected Switzerland Mobility routes

Detailed tour information: [www.schweizmobil.ch](http://www.schweizmobil.ch)



ALPINE BIKE – STAGE 9

The first climb to Uaul da Crestas will reward mountain bikers with a stunning view of the upper Surselva. A short descent to Sedrun will then follow. The landscape in the Maighels valley becomes ever

more barren as you travel towards the Oberalp Pass. The trail leads past the Maighels mountain shelter, through high Alpine landscapes over the Maighel Pass and through the Unteralp valley to Andermatt.




ALPINE BIKE – STAGE 10

From Andermatt, mountain bikers will coast down through the rocky Schöllenen Gorge until they reach Wassen where they turn off into the lovely Meien valley. Cycling up to the Susten Pass is demanding and requires some serious pedalling. The view across the Bernese Oberland from the pass is breathtaking. The descent to Meiringen is a scenic feast for the eyes and a veritable insider's tip that is peppered with challenging trails.




GOTTHARD BIKE – STAGE 1

The Gotthard Bike Route combines impressive, high-Alpine landscapes with a comprehensive lesson in Swiss history. The Gotthard Pass has remained one of the most important north-south routes for centuries. In World War II, it was also important from a military perspective. Long stretches of the route were originally military access roads.




OBERLAND BIKE

Following the historic Gotthard pack trail, this bike tour will take you through the Urner Oberland and into the Ursern valley to Andermatt. Passing idyllically-situated mountain lodges, the route goes through views of the rugged ravine is recommended.


KEY

- Bike technic
- Fitness level required
- Distance
- Ascent
- Descent
- Highest point
- Single trail
- Unsurfaced track
- Starting point

INFRASTRUCTURE

- Info point
- Railway station
- Post Bus
- Mountain rail/cableway

- Post Bus stop
- Mountainbikeland.ch



all biketours →

TRAIL SHARING

Showing respect and tolerance whilst biking: walkers and mountain bikers share the same trails and paths in the Andermatt Holiday Region.

BIKES+PUBLIC TRANSPORT

Bikes can be taken on Post Buses, trains, on all Andermatt-Sedrun+Disentis lifts and on the small Arnisee cableway. Riders will need to load their own bikes and have a valid ticket.

A reservation will need to be made by 4.00 pm on the previous day (Tel + 41 58 448 20 08 or [zentralalpen@postauto.ch](mailto:zentralalpen@postauto.ch)) for bike transport on Post Buses.



ARNI BIKE

Arni – a popular recreational area in the Andermatt Holiday Region. With its perfectly-placed deep-blue lake, the sun terrace invites bikers to enjoy an impressive tour. Mountain bikers will pass alongside beautiful dry stone walls with species-rich dry grasslands and rare orchids. The brilliant views of the upper Reuss valley and the challenging descent are attractions for every biker.




GÖSCHENERALP BIKE

This tour will entice mountain bikers along beautifully laid out routes and into the rugged, fascinating Göscheneralp valley. You follow the trail through the rough rocky landscape until you reach the impressive natural dam, one of the few in Switzerland. The top of the dam offers magnificent views of the Damma and Chelen glaciers, plus unique mountain scenery.




WITENWASSEREN BIKE

Mountain bikers can reach the Witenwasseren valley from Andermatt via Zumdorf, the smallest village in Switzerland, after Realp. The tour passes alongside the station of the nostalgic Furka Steam Railway's mountain route. With a little luck, you might even see the heritage steam locomotives in action. The tour leads past flower-spangled meadows and through an important protected landscape to reach the foot of the Pizzo Lucendro.




MADERANERTAL BIKE

This is one of the most popular hiking and biking areas in the Uri Holiday Region. The Maderaner valley – ruggedly romantic with gurgling brooks and cascading waterfalls. Following the route by the Chärstelren river, mountain bikers will soon reach the destination of this tour: the historic SAC Maderaner Valley Hotel. It dates from the golden age of mountain guides and was renowned far beyond the country's borders.




FURKA MOUNTAIN TRAIL FOR MOUNTAIN BIKES

The Furka mountain trail, popularly known as the Urschner Höhenweg, is a panorama trail for sportive mountain bikers and offers a natural spectacle


ST. GOTTHARD BIKE PASS

This ticket allows bikes to be transported on the routes of the Matterhorn Gotthard Railway (MGB), Andermatt-Disentis, Andermatt – Göschenen and Andermatt-Fiesch. The ticket can also be used on the following Post Bus routes: Andermatt – Gotthard – Airolo; Andermatt – Furka – Oberwald; Airolo – Nufenen – Oberwald, Oberwald – Grimselpass and Andermatt-Sustenpass.

The Bike Pass costs CHF 45 per day (CHF 30 with a half-fare card) and is available from MGB train stations and staff and Post Bus drivers.

Legal information

Andermatt Holiday Region, 4th Edition  
Cartography/Design: Wäger & Partner GmbH, Frauenfeld

Source: Federal Office of Topography  
Reproduced by permission of swisstopo



0 1 2 3 4 5 km  
Scale 1 : 100'000

BIKE SERVICE, RENTAL AND GUIDES

There are several rental stations in the region providing you with the latest and best quality mountain and racing bikes. E-bikes and e-mountain bikes are also available for rent. Additional information and details around bikes can also be found on the websites of the following tourism organisations:

ANDERMATT-URSERNTAL TOURISMUS:

[www.anderstatt.ch](http://www.anderstatt.ch)

DISENTIS SEDRUN TOURISMUS:

[www.disentis-sedrun.ch](http://www.disentis-sedrun.ch)

OBERGOMS TOURISMUS:

[www.obergoms.ch](http://www.obergoms.ch)

BELLINZONESE E ALTO TICINO TURISMO:

[www.bellinzonaevalli.ch](http://www.bellinzonaevalli.ch)




URSERN VALLEY

URSERNTAL

From Andermatt train station mountain bikers will head off towards Bözberg. It isn't long before the first strenuous climb starts, but this ultimately rewards riders with magnificent views. After a short descent, you will bike along what is initially a gravel path that transforms into the meandering riverbank trail, until you reach Realp. Shortly afterwards, you will pass the station of the Furka Steam Railway. The bike route continues towards Schweig in the Witenwasseren valley; a scenic single trail then leads back to Realp. Mountain bikers will follow the riverbank trail until they reach Zumdorf, then switch to the main road to reach Hospital. Right at the entrance to the village, a smaller trail forks off in the direction of the old tower. The route back to Andermatt follows the course of the Reuss. At the entrance to the village, the climb to Flies starts on the right and the final steep sections of this stretch will need to be mastered. The reward: a short but winding trail descent to Rohr in the Unteralp valley. The route back to Andermatt is along the alpine road.

Next, the route goes along a beautiful forest track to the Arnisee – the perfect place for a lunch break. The descent on the somewhat steep, bumpy Alpine track requires skilled braking and good suspensions, but will be a joyous experience for every biker. Arriving somewhat shaken, the hamlet of Intschli is next on the itinerary, after which the cantonal road takes you to Amsteg. At the village exit, mountain bikers will leave the main road and cross the Reuss once again. Following the Reuss, the route takes you over the dam and on to Erstfeld.


BIKE-TOUR INSIDER RECOMMENDATIONS

Detailed tour information: [www.outdooractive.ch](http://www.outdooractive.ch)



MAIGHELS PASS

MAIGHELSPASS

The bike route over the Maighels Pass starts in Andermatt. From here, the route leads to the Oberalp Pass and then into the Maighels Valley via Surpalits. As an alternative, for extremely athletic riders, the route can be extended across the Pass Tiarms and down to Tschamut via Val Val. Once past the Maighels mountain shelter, the unsurfaced track gradually turns into a hiking trail in the Maighels valley. Expansive views of mountains like the Gemstock, Pizzo Centrale and the Gubbin open up from the Maighels Pass. Bikers who feel the need to cool off and who won't shy away from cold water can also take a dip in the mountain lake. A steep and demanding descent into the Unteralp valley follows after the Maighels Pass. Along the way the Vermigel mountain shelter will also become visible, the track to which rises again for a short while. Otherwise you can also cycle directly to Andermatt – entirely on an unsurfaced track that follows the course of the Unterappress river. Careful – cars! All in all, this is an impressive Alpine bike tour that passes through awesome mountainscapes and puts bikers' riding techniques to the test.




BEDRETTO

This tour starts on the Gotthard Pass – which mountain bikers can reach on their 'steeds' in around 1.5 hours or by Post Bus in supreme comfort. From the hospice, follow the cantonal road and turn off left onto the hiking trail before the tunnel. After a short time you will reach the Alpine road. An imposing protective wall stands above the village of Villa; turn right here to continue along the alpine road. Shortly after crossing the Ri di Bedretto stream the hiking trail turns left towards Bedretto. This section of the route, particularly the first 100 metres of the climb, will present the greatest riding challenges.

After the hamlet of Ronco, the ascent towards Alpe Cristallina begins. When complete, most of the uphill cycling will have been done and the route takes you on to the Alpe Piano di Pescia. Mountain bikers will then ride all the way to Cascina Nuova on a stunningly beautiful trail. The forest track will take you to Culiciso, the route then continues along the road through Nante and on to Airolo railway station. Here your bike can be loaded onto the train and transported to Göschenen or Andermatt.




ARNISEE

This tour starts from Andermatt train station. Going along the bike trail, the tour passes through the Schöllenen Gorge, past the imposing cliff walls and over the Häderlis bridge to Wassen. The climb to the Arnisee starts at Wiler in Gurtellen. Initially along a gently rising mountain road, and then through steeper terrain. Mountain bikers will cycle up to Heissigegg through a fascinating landscape dappled with species-rich dry grasslands and rare orchids. The reward: simply wonderful views across the upper Reuss valley.

Next, the route goes along a beautiful forest track to the Arnisee – the perfect place for a lunch break. The descent on the somewhat steep, bumpy Alpine track requires skilled braking and good suspensions, but will be a joyous experience for every biker. Arriving somewhat shaken, the hamlet of Intschli is next on the itinerary, after which the cantonal road takes you to Amsteg. At the village exit, mountain bikers will leave the main road and cross the Reuss once again. Following the Reuss, the route takes you over the dam and on to Erstfeld.




UNSURPASSED RACING BIKE THRILLS  
Alpine pass fascination

Conquering Alpine passes with one's own muscle power and revelling in the feeling of flying downhill through a torrent of wind: for many passionate racing cyclists there is no better way to indulge in their favourite pastime.

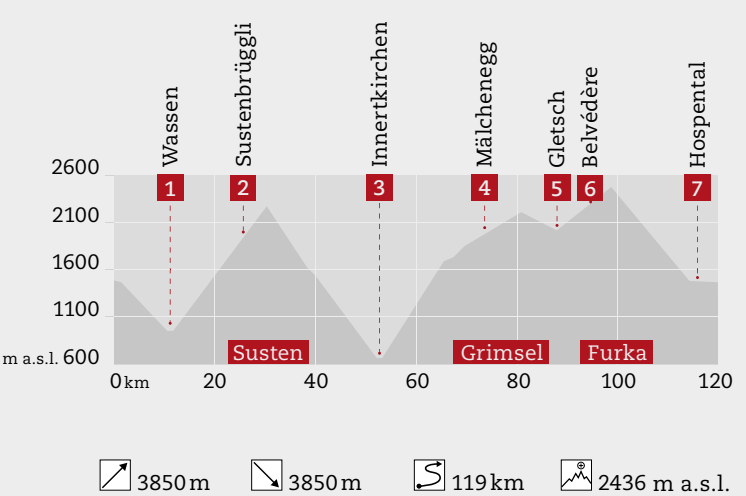
The Andermatt Holiday Region lies in the middle of the Swiss Alps, surrounded by eight impressive Alpine passes (Gotthard, Furka, Oberalp, Susten, Grimsel, Nufenen, Lukmanier and Klausen). Varied and interesting landscapes, lush flowering meadows, green forests, bizarre rock formations, high-altitude Alpine mountains and glaciers. Thanks to its central location, the Andermatt Holiday Region is the ideal starting point for bike tours. Both the Alpine Brevet, a race that is an experience, adventure and challenge all at once, and the Granfondo San Gottardo lead through the region every year.



Tips for sightseeing and activities along pass roads: [faszination-alpenpaesse.ch/en](https://faszination-alpenpaesse.ch/en)

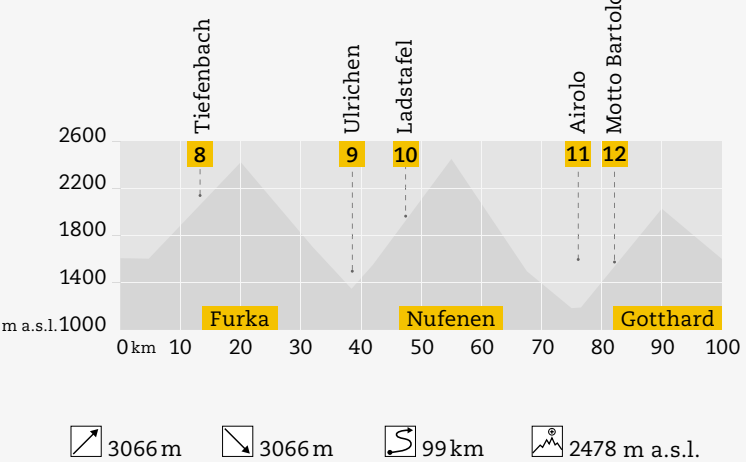
SUSTEN – GRIMSEL – FURKA

The route initially leads racing cyclists through the Schöllenen Gorge to Göschenen, and then to **1** Wassen. From there, you will cycle through the Meien valley amidst striking mountain- scapes and up to the Susten Pass. Cyclists who have managed to climb the pass will soon be met by the Stein glacier. From **8** Innetkirchen, the climb leads past the Grimselsee to Grimsel, where marmots keep watch. The route will now take you down to **5** Gletsch via several short bends. This is where the Furka steam train has its mountain station. The climb up to the Furka comes next. From the pass road you will once again be able to marvel at the formidable serpentine route of the Grim- sel Pass. Shortly before reaching pass altitude, racing cyclists will go past the Hotel **6** Belvédère. During the descent you will have ample time to admire the picturesque landscapes in the canton of Uri. The route to Andermatt gives racing cyclists the chance to review their accomplishments.



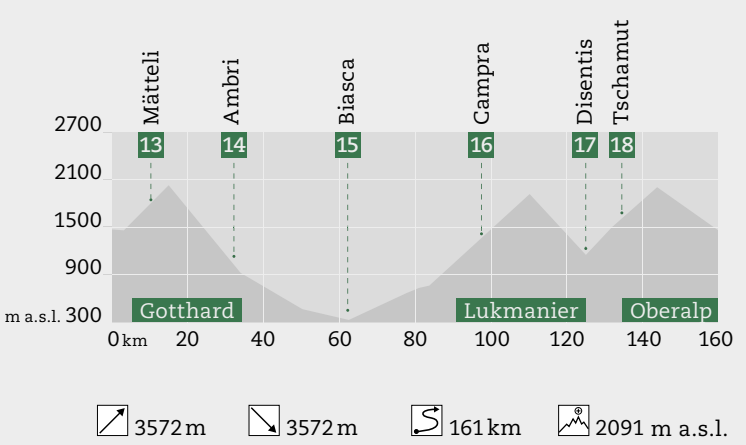
FURKA – NUFENEN – GOTTHARD

Following the footsteps of 007, the Furka Pass is the first to be conquered. The many turns are a challenge for every cyclist. As a reward, views of the Rhone glacier and a visit to the ice grotto await. After cycling through the nostalgic vil- lage of Gletsch, the climb to Nufenen begins at Ulrichen **9**. After the highest accessible pass in Switzerland has been con- quered, you will go down into the delightful Bedretto valley on the Ticino side towards **11** Airolò. The historic Tremola cobbled road now takes you up to the Gotthard Pass. At the top of the pass, a visit to the museum and the historic Sasso San Gottardo fortress is worthwhile. At the latter, cyclists will be able to admire the unique giant crystals. On the speedy ride back to Andermatt, you will pass Hospental, the former muleteers' village, and its historic tower.



GOTTHARD – LUKMANIER – OBERALP

From Hospental you will be heading **13** for the renowned Gotthard Pass. At the top of the pass, culture lovers will be able to enjoy a visit to the museum and the Sasso San Gottardo fortress. Racing cyclists will then have a choice for their ride down to Ticino: either a route along the cobblestoned Tremola road, or the wide Gotthard Pass road. From Airolò, we continue to the Piottina Gorge with the former 'Dazio Grande' Uri customs station. In **15** Biasca, cyclists can treat themselves to a refreshment in one of the cool caves before climbing the Lukmanier Pass. In **17** Disentis, the monastery awaits your visit with pious patience. Next, **18** the final ascent through authentic Grisons mountain villages onto the Oberalp Pass. The lighthouse, situated near the source of the Rhine, can be seen from afar. On their downhill stretch, racing cyclists will enjoy a fabulous view of the Ursern valley.

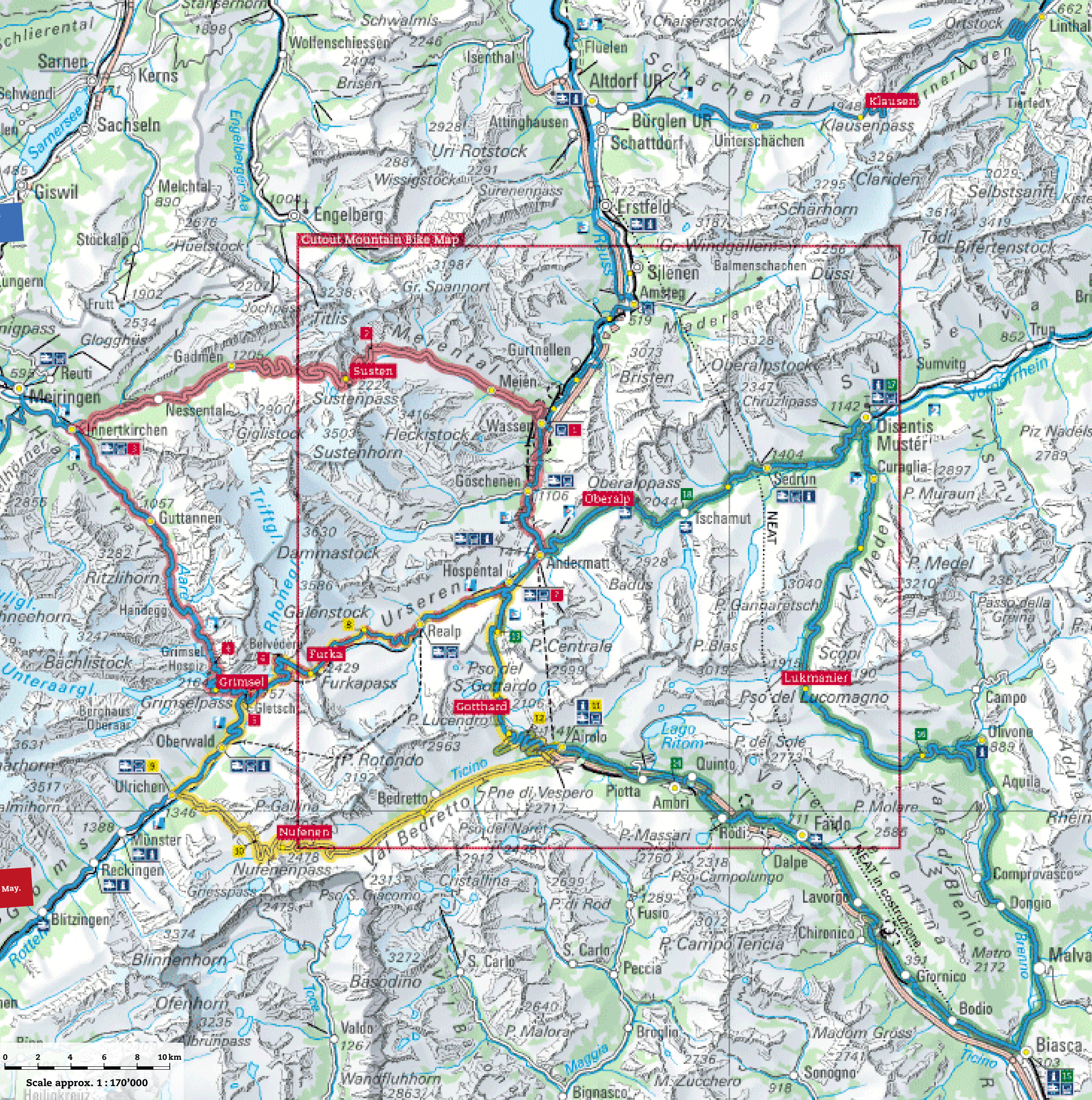
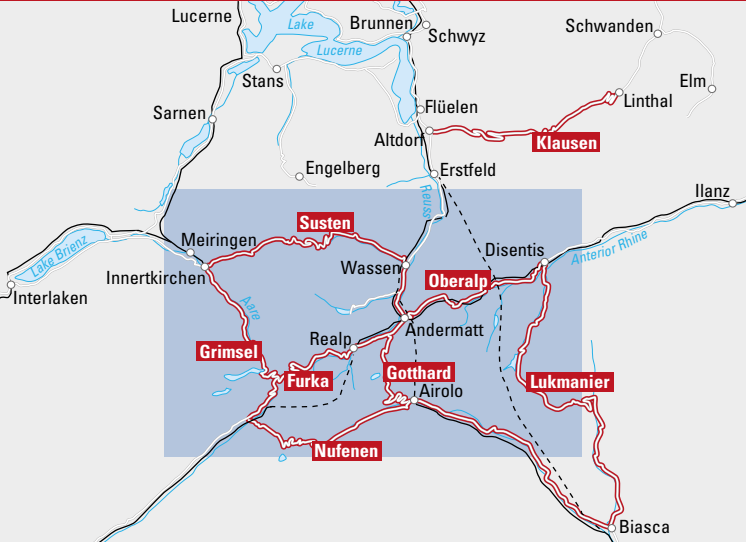


The Alpine passes will be closed approximately from November to May. Info: [alpen-paesse.ch](https://alpen-paesse.ch)

INFRASTRUCTURE

- Info point
- Post Bus stop
- Railway station
- Veloland.ch
- Post Bus
- 1 Rhone Route
- 2 Rhine Route
- 3 North-South Route
- 4 Alpine Panorama Route
- 5 Aare Route
- 6 Percorso Blenio Lucomagno
- 7 Bernese Oberland Route
- Distance
- Ascent
- Descent
- Highest point

LOCATION OF 8 ALPINE PASSES



CYCLING IN SWITZERLAND Selected SwitzerlandMobility routes

**RHONE ROUTE 1ST STAGE**  
The Rhone Route begins at the Furka Pass and, taking charming and quiet paths along the Rhone, crosses the Valais against an imposing mountain backdrop.

It leads past the palm-tree lined promenades of Lake Geneva and Lavaux' picturesque vineyards to end in the cosmopolitan city of Geneva.

**ANDERMATT – OBERWALD**

difficult	high	38 km	1100 m
1000 m	2429 m a.s.l.	Andermatt	

**RHINE ROUTE 1ST STAGE**  
The Rhine Route follows the Alpine river from its source at Lake Toma near the Oberalp Pass all the way to Basel's extensive Rhine ports. Passing along varied paths, this first stage leads through many landscapes which this powerful river has helped shape over the course of time.

**ANDERMATT – DISENTIS**

medium	high	32 km	950 m
640 m	2044 m a.s.l.	Andermatt	

**NORTH – SOUTH ROUTE 1ST STAGE**  
The North-South Route leads through the expansive Swiss landscapes of Jura, Mittelland and Central Switzerland and across the Alps to Southern Switzerland.

It follows numerous historically and culturally significant traffic routes and towns. In the Andermatt Holiday Region, the route runs from the north, through the Schöllenen Gorge high above the Gotthard Pass, towards Faido.

**FLÜELEN – AIROLO**

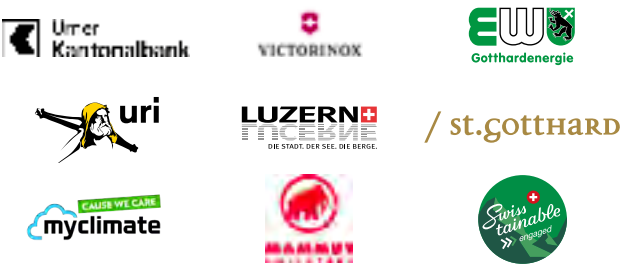
difficult	high	39 km	1100 m
1100 m	1437 m a.s.l.	Flüelen	



Important Phone Numbers

Tourist Info Andermatt.....	+41 41 888 71 00
SkiArena Andermatt-Sedrun .....	+41 58 200 68 68
SICA Andermatt Swiss Alps .....	+41 41 888 77 99
Cable Car Intschi-Arnisee .....	+41 41 883 16 88
Cable Car Amsteg-Arnisee .....	+41 41 883 12 47
Station Andermatt .....	+41 27 927 77 07
Station Realp .....	+41 27 927 76 76
Post Bus Service .....	+41 58 448 20 08
Post Bus Service Göschenalp .....	+41 41 874 72 72
Dr. med. Michael Schmid, Andermatt .....	+41 41 887 19 77
Traffic Information .....	163
Weather .....	162
Emergencies.....	144
Air rescue.....	1414
Police.....	117
Fire Service.....	118

**Andermatt Holiday Region**  
Andermatt-Urserntal  
Tourism Ltd  
Gotthardstrasse 2  
CH-6490 Andermatt  
Tel. +41 41 888 71 00  
info@ander-matt.ch  
www.ander-matt.ch



MTB AND RACING BIKE MAP

MTB AND RACING BIKE MAP

