



FREQUENTLY ASKED QUESTIONS

- **Do the huts offer packed lunches?**
 - o Täsch Hut: It is possible to order packed lunches in advance.
 - o Ze Seewjnu Mountain Lodge: This option is available
 - o Monte Rosa Hut: Yes, packed lunches can be ordered in the evening up to 8 pm.

- **What experience is necessary to take part in this trek?**

We would recommend some experience of hiking in rocky/boulder terrain, with enough stamina to manage six hours a day at over 2000m, along with a little experience of glaciers.

- **What equipment do I need to cross the glacier?**

Crampons are essential (available in the Mountain Lodge Ze Seewjnu), good quality footwear, sunglasses. Hiking poles, rope and axe are all optional.

- **Can I cross the glacier without a guide?**

We recommend that you have some experience of glaciers if you plan to cross the glacier alone. That means you should know how to put on crampons. You should have been on an easy glacier with crampons at least once. You should also know the rules of conduct on a glacier.

- **How is the route marked out on the glacier?**

The route is clearly marked with red and blue poles, but it is important to follow the poles exactly and not to take shortcuts. The distance between the poles is not always the same.

- **Where can I get information about the conditions on the glacier?**

On the Monte Rosa Hut website: <https://monterosahuetten.ch/?lang=en>

- **Can I also book the Monte Rosa Trek for children?**

The Monte Rosa Trek can only be booked for adults on <https://www.zermatt.ch/en>. Accommodation for children must be booked directly with the huts. You must check in advance if sufficient places are available.

The individual huts have their own specific discounts for children.

 - o Täsch Hut: A package costing CHF 32.00 is available for children up to the age of 9.
 - o Ze Seewjnu Mountain Lodge: Children up to 11 cost CHF 80 per night, half board.
 - o Monte Rosa Hut: The children's prices are clearly shown on the [website](#). The prices vary by age. For instance, non-SAC members aged 13–17 pay CHF 78.00.

- **What are the cancellation terms?**

The cancellation terms outlined in the Zermatt Tourism [GTCs](#) apply. To avoid any possible cancellation fees, we recommend that you take out private travel insurance. To find the right cover, please contact your insurance provider.



- **What happens if there is bad/stormy weather?**
If the trek cannot go ahead due to weather conditions we would ask guests to make arrangements with their travel cancellation insurance.
The cancellation terms outlined in the Zermatt Tourism [GTCs](#) apply.

- **Can I take my dog on the hike? Are dogs allowed in the huts?**
 - o Täsch Hut: No dogs allowed in the hut. It is possible for dogs to sleep in the woodshed on request.
 - o Ze Seewjину Mountain Lodge: Yes on advance notification but only in a double room with a surcharge of CHF 15 for final cleaning.
 - o Monte Rosa Hut: If arranged in advance, dogs can spend the night in the hut itself, but this is in a separately allocated room with their owner.

- **Do I need to bring my own sleeping bag?**
Yes, a sleeping bag (silk liner/travel sleeping bag) is compulsory. In some huts silk liners can be bought.

- **Are overnight stays in a dorm or double room?**
 - o Täsch Hut Dorm
 - o Ze Seewjину Mountain Lodge: Dorm
 - o Monte Rosa Hut: Dorm

- **Can I pay by credit card in the huts?**
 - o Täsch Hut Credit card payments are possible with the exception of AMEX and Postcard.
 - o Ze Seewjину Mountain Lodge: Credit card payment is possible.
 - o Monte Rosa Hut: Yes. Maestro / Mastercard / Visa / VPAY / Twint/ JCB / UnionPay / Diners cards are all accepted.